



# Diabetic Action Plan (DAP) Check List

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The information below is required for your diabetic to attend camp. Use this check list to assure you are compliance with your actual diabetic action plan. Please send a copy of your campers current DAP or have your Dr. write out the required information for our nursing staff to appropriately and safely care for your camper during their time at camp.

*Optionally, if your Doctor approves, and you want your camper completely independent of our care, you and the MD must fill out completely the (IDMP) Independent Diabetic Medical Management Plan form and you camper will be completely independent of our care. That form is found at [foresthomes.org](http://foresthomes.org). Scroll to bottom, click on FORMS, forms are under first aid. It must be fully completed to be implemented.*

What we Need	Details
Type of insulin delivery:	Pump/Pen/Syringe
	For pump: Failure orders
Insulin Therapy	Insulin type: Humalog, Lantus...etc
Target range Blood Glucose	Written out
Insulin to Carb ratio	Written/Typed out
Correction dosing Scale	Written/Typed out
Detailed Hypoglycemia Treatment	Written/Typed out Camper specific not generalized care
Detailed Hyperglycemia Treatment	Written/Typed out Camper specific not generalized care
Physical activity Orders	Written/Typed out. Remember, we are a mile high in the mountains and many activities at camp can change blood sugar levels.
<b>A Doctor, PA, or NP Signature</b>	<b>REQUIRED</b> on your actual DAP as we employ RN's.

Your attendee must bring with them to camp their DAP AND all of the following: Insulin and supplies: glucometer and adequate number of test strips, lancets, ketone strips (if required in orders by Dr.), needles and change of site supplies, glucagon, long acting carbs, short acting carbs, something to carry supplies at all times. Forest Home does not supply any of these items. Under Forest Home Policy and the Nurse Practice act, a Diabetic action plan is required for youth under 18 to attend camp. *Unless you have proper paper work completed for independent self care as stated above. (Notes will not substitute our IDMP form.)*