



SENDING MEDICATIONS TO CAMP

Dear Parents/Guardians,

To help manage your child's medication needs at camp we ask that you follow Forest Home First Aid Department requirements regarding the sending of medication to camp. We hope this helps you understand how medications must be sent to camp. If you have questions, please email our Nurse Manager, Christy Ontiveros christy.ontiveros@foresthomes.org. We appreciate your help in our efforts to comply with Forest Home Medication policy as well as with State and County, to maintain a safe delivery of all camper medications.

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| <p>Over the Counter Medication:</p> <p>Pills, liquids, powders, & creams that are swallowed or applied, inhaled, inserted. This includes vitamins, supplements, cough drops, creams, pain medication...</p> <p><i>All Homeopathies and herbals must have a Dr. note, or we cannot dispense.</i></p> | <p>Medication must be in the ORIGINAL store-bought container with dosing on original label.</p> <p>The age requirement and dosing on the bottle is what we must follow.</p> <p>DO NOT write on the label.</p> | <p>The bottle dose MUST be used. Your child's age must be within the label age/direction. Your doctor can write a different dosing and we can follow that order. We cannot use a parent note for altered amounts.</p> <p><i>Please note: Adult dosing instructions on directions are for 18 years old and older.</i></p> <p>CBD oil: we will not dispense CBD as it is not FDA approved or regulated.</p> |
| <p>Prescription Medication:</p> <p>Pills, liquids, powders, & creams that are swallowed or applied, inhaled, inserted...</p> | <p>Medication must be in the ORIGINAL container with pharmacy label, which includes child's name and dosing instructions.</p> <p>DO NOT write on the label.</p> | <p>If your child's dose is different from the prescription label you MUST get a Doctor's order for the correct dose. We cannot use a parent note to change a Doctor's order.</p> |
| <p>Injections, Pumps, Insulin & Epi pens:</p> <p><i>Please note that we do not administer growth hormone or allergy shots</i></p> | <p>Medication must be in the ORIGINAL container (vial) with pharmacy label, which includes child's name and dosing instructions.</p> <p>DO NOT write on the label.</p> | <p>Allergy Action Plan is required for ALL Epi pens/Auvi Q. Filled out and signed by your Doctor. School forms accepted.</p> <p>Diabetics, Diabetic Action Plan signed by your Doctor is REQUIRED to attend camp.</p> <p><i>(See FORMS section at foresthomes.org bottom of the page, click FORMS for information)</i></p> |
| <p>Inhalers & Nebulizers:</p> | <p>Medication must be in ORIGINAL container with pharmacy label (on the box), which includes child's name and dosing instructions.</p> <p>DO NOT write on the label.</p> | <p>If your child's dose is different from the written label, you MUST get a Doctor's order for the correct dose. We cannot take a parent note to change a Doctor's order</p> |

Please DO NOT SEND medications this way:

- NO Baggies with loose pills (Original containers only)
- NO Sunday-Saturday containers with pills (Original containers only)
- Inhalers & Epi-Pens without a label (pharmacy label required)
- Any prescription medications without the pharmacy labels* (pharmacy label required)

***Your pharmacy can print you a new prescription label if you have misplaced one.**

Forest Home First Aid reserves the right to not dispense any over the counter medication, homeopathy's, herbals or essential oils, as well as, any medication OTC or prescription not sent appropriately.